



## **Adult First Aid / CPR Class & AED**

**Date: December 14, 2010**

**Time: 3:00 – 9:00**

**Training will be held in the AGCVA Office Training Room**

Address: 11950 Nuckols Road, Glen Allen

**Cost: \$55 per person** *(includes dinner, snacks and drinks)*

**\$80 per person for non AGC members**

Upon Completion Attendees will be ASHI Certified.

**Why take First Aid & CPR training?** If you are in the construction industry you are considered by OSHA to be in a hazardous occupation where an immediate response to a serious accident or medical condition can save a life – even yours! In addition, basic first aid & CPR are skills that can be carried with you and used outside of the workplace. And of special interest to Virginia employers is an amendment being proposed by VOSH in 2009 to “assure that employers provide employees in hazardous occupations immediate access to first aid & CPR on each work site and for each workshift.”

During 2010 the AGCVA's Richmond District Safety Alliance is providing monthly open enrollment classes on Workplace First Aid & CPR using a nationally recognized curriculum by the American Safety & Health Institute (ASHI). Students will receive First Aid & CPR cards good for two years. Accident prevention and OSHA-required emergency planning and Bloodborne Pathogens safety will also be reviewed. Sign up for one of these classes and be prepared!

### ***Class limited to 10 individuals***

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Return to: Marsha Hargette, AGC of Virginia, P.O. Box 5700  
Glen Allen, VA 23058, (804) 364-5504, FAX: (804) 364-5511.

There will be \_\_\_\_\_ from our firm attending the CPR/First Aid Training on December 14

**Reservations Required** by the deadline of December 7, 2010

Prepayment of registration fee is requested.

RSVP early, space is limited.

Please note: No shows will be charged.

**Please print those attending:** \_\_\_\_\_

\_\_\_\_\_

**Company:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_